

## GREATER CINCINNATI BEHAVIORAL HEALTH SERVICES

[www.gcbhs.com](http://www.gcbhs.com)

**Name of Program:** Anger Management

**Cost:** \$100 registration, \$30 per session (total cost \$280) Insurance not accepted and no sliding scale

**Target Audience:** Adults

**Qualifying Factors and Services:** This is a six week class held in Amelia office. Referral form and they must register. It is mandatory that the first class is attended (if missed then the client will be required to re-register for another group), no refunds on registrations fee. The class is geared towards those who would like to learn or improve anger management skills. Court referral form required

**Name of Program:** Addiction Services (CRC – Clermont Recovery Center)

**Cost:** Sliding fee scale & accept many insurance plans including Medicaid

**Target Audience:** Group, Family and Individual Counseling.

**Qualifying Factors and Services:** All services begin with registration and assessment. Open access hours Mon, Tues & Thurs 8:30 am – 2:30 pm, Wed 8:30 am – 6:00 pm and Fridays 9:00 am – 11:00 am. Referral and Consent release info form.

## YWCA

[www.ywcacincinnati.org](http://www.ywcacincinnati.org)

**Name of Program:** Transform (formerly Amend) <https://www.ywcacincinnati.org/what-we-do/safety/ywca-transform-adult-program/>

**Cost:** \$20 for enrollment (required at enrollment), \$20.00 per session for the 20 sessions.

Must pay for services when rendered. If they are unable to pay at the time of enrollment, they will need to be rescheduled by referral source.

**Target Audience:** Adults

**Qualifying Factors and Services:** By appointment only. Court referral or self. Assessment schedule is the 2<sup>nd</sup> and 4<sup>th</sup> Fridays at 10:00 am and 11:00 am by appointment. Group time held on Saturdays 10:30 – 12:00. To schedule an enrollment appointment or for questions regarding the program, call Transform Program Coordinator at 513-361-2129 or email [transform@ywcacin.org](mailto:transform@ywcacin.org)

Referral Information sheet: <https://www.ywcacincinnati.org/wp-content/uploads/sites/13/Transform-Batavia-Updated-Referral-Form.pdf>

## CHILD FOCUS

[www.child-focus.org](http://www.child-focus.org)

**Name of Program:** Parent Education Services – Home Based CPST

**Cost:** may be billed to Medicaid or directly to the parents \$80-90 an hour

**Target Audience:** Parents and children

**Qualifying Factors and Services:** Provides community psychiatric supportive treatment services in the home setting. Referral form needed. Families or services providers may call directly to refer.

### **CHILD FOCUS**

[www.child-focus.org](http://www.child-focus.org)

**Name of Program:** Parent Education Services – Educational Support

**Cost:** may be billed to Medicaid or directly to the parents \$80-90 an hour

**Target Audience:** Parents and children

**Qualifying Factors and Services:** Provides parents with assistance in coordinating their child's needs within the educational system. Families or services providers may call directly to refer.

**Name of Program:** Community Resources Access

**Cost:** may be billed to Medicaid or directly to the parents \$80-90 an hour

**Target Audience:** Parents and children

**Qualifying Factors and Services:** Assists parents in accessing and utilizing natural support systems in the community. Families or services providers may call directly to refer.

**Name of Program:** Triple P Parenting Seminars

**Cost:** Free

**Target Audience:** any parent/caregiver of children aged 3-12. Parents/caregivers of younger or older are still welcome and encouraged to attend.

**Qualifying Factors and Services:** The seminar covers Positive parenting; Raising confident, competent children; Raising resilient children. Each family receives a Triple P Seminar Series Tip Sheet corresponding to the seminar they are attending. Held last Thurs of each month from 4 pm – 5:30 pm. Jan. 30<sup>th</sup>, Feb. 27<sup>th</sup> and March 26<sup>th</sup>

Registration not necessary. Call 752-1555 ext. 5073. Babysitting is not provided.

### **Caregiver Support Group Partnership**

**Name of Program:** Caregiver Support Group

**Cost:**

### **Talbert House**

<https://www.talberthouse.org/help/community-care-3/>

**Name of Program:** Fatherhood Project

**Cost:** Free

**Target Audience:** Men

**Qualifying Factors and Services:** This program assists men in their efforts to become responsible, committed and nurturing fathers. Helps dads to strengthen their connection and involvement in the lives of their children. Provides classes, co-parenting and individual coaching, and fellowship support meetings. Additional services include legal, employment and housing assistance.

10 week Nurturing Fathers class, certificate upon completion. Referral form needed. 513-961-3292 or email at [fatherhood@talberthouse.org](mailto:fatherhood@talberthouse.org)

### Counseling and Cooperative Parenting Center of Ohio

**Name of Program:** The Counseling & Cooperative Parenting Center of Ohio <http://ccpc-ohio.com/>

Phone number 513-229-8980

**Cost:** Initial session is \$140 for 60 minutes. Individual session is \$110, Family/Marital session is \$140

**Target Audience:** Individual, Family & Group

**Qualifying Factors and Services:** Release form required. Their services include Child Supervised Visitation, Parenting, Co-Parenting after Divorce, Shoulder II Shoulder Men's divorce group (\$30 per week or \$160 upfront for all sessions; Saturdays 11:00 am – 12:30 pm), Drug/Alcohol Dependency, Child Behavioral Issues, Relationship Issues, Depression/Anxiety/Trauma/Crisis/Grief, Group Therapy.

### Online services

**Name of Program:** Online Parenting Class <http://www.loganparentingclasses.com/>

**Cost:** Courses are by the hour. 4 hour Parenting Class - \$24.95, 8 hour Parenting Class - \$39.95, up to 52 hour Parenting classes - \$109.95 and Co-Parenting & Divorce class 4 hour - \$24.95, 12 hour - \$99.95

**Target Audience:** Parents and Co-parenting

**Qualifying Factors and Services:** Simple sign-up and self-paced. Prepared by licensed professionals, Letter of Completion and free proof of Enrollment.

**Name of Program:** TalkingParents.com <https://www.talkingparents.com>

**Cost:** Standard plan is free (Website Only). Premium plan (mobile apps included) is \$5.99 per month with a free 30-day trial. Includes unlimited access to PDF records. 10% discount on printed records; and access to the iPhone and Android apps.

**Target Audience:** Parents

**Qualifying Factors and Services:** A free replacement for email, text, and all other electronic messages between co-parents. A tool for use in divorce, paternity and other child custody related actions.

**Name of Program:** OurFamilyWizard.com <https://www.ourfamilywizard.com/>

**Cost:** Different plans and pricing. 1-year subscription is \$119.97 (5GB of secure storage space), 2 year is \$209.97 (5GB of secure storage space). Children accounts and third party accounts and are free with paid parent account. Fee waiver program and Military family discount. Free professional access (grants your legal or mental health practitioners professional access to view your account free)

**Target Audience:** Parents, children, professionals

**Qualifying Factors and Services:** website provides a neutral zone for parent communication to help manage the challenges of shared parenting with a former spouse or partner.

**Name of Program:** Divorce Communications.com <https://divorcecommunications.com/>

**Cost:** \$9.99 per month. Military and First Responders are free.

**Target Audience:** Parents

**Qualifying Factors and Services:** Website provides solution-oriented services and resources for parents to communicate, pay expenses and stay organized.

### Online services

**Name of Program:** Children in Between [online.divorce-education.com](http://online.divorce-education.com)

**Cost:** \$43.95 for 30-day access 4 hour class, court approved fee waiver is accepted

**Target Audience:** parents and children

**Qualifying Factors and Services:** Website teaches skills to protect children from emotional harm caused by common conflicts experienced during divorce and separation. A co-Parenting program for Divorcing and separating parents

**Name of Program:** High Conflict Solutions <https://www.highconflictsolutions.com/>

**Cost:** \$129.95 for 8 hour class or \$59.95 if they have already taken the 4 hour Children in Between class. Court approved fee waiver accepted.

**Target Audience:** Parents

**Qualifying Factors and Services:** Website provides learned skills to help you protect your children from emotional harm caused by common high conflict situations.

**Name of Program:** SMART Recovery <http://www.SmartCincy.com>

**Cost:** Free (donation requested) Registration required for online services

**Target Audience:** Support individuals who have chosen to abstain, or are considering abstinence from any type of addictive behaviors (substances or activities), by teaching how to change self-defeating thinking, emotions and actions; to work towards long-term satisfactions and quality of life.

**Qualifying Factors and Services:** Website provides self-empowering addiction recovery support groups. Offers 4-point program

### Miscellaneous Programs

**Name of Program:** Ohio Means Jobs <https://jobseeker.ohiomeansjobs.monster.com/>

**Cost:** No cost

**Target Audience:** Teens and Adults

**Qualifying Factors and Services:** Numerous services available to help guide career searches. Available for Veterans, Unemployment Insurance Claimants, Job & Family Services Customers, Individuals w/disability, High School students and College students.

Online training, career planning and employment programs available for all.

**Name of Program:** Catholic Charities South Western Ohio Parenting Education Classes

<https://www.ccswoh.org/how-to-get-involved/events/parenting-education-classes/>

**Cost:** \$80

**Target Audience:** Parents

**Qualifying Factors and Services:** New parents, skilled, struggling, those with children under 12. Six week sessions – can join anytime. Held one evening a week from 6:00 pm – 8:00 pm at either Hamilton or Middletown location.

### **Miscellaneous Programs**

**Name of Program:** Fernside <https://www.fernside.org/>

**Cost:** Non-profit organization; No fees are charged to participating families

**Target Audience:** Grieving Children, teens and adults

**Qualifying Factors and Services:** The nation's second oldest children's grief center. Numerous programs for children and teens ages 3-18. Evening, School, Camp and phone consultations.

**Name of Program:** U.S. Dept. of Education <https://www.ed.gov/parent-and-family-engagement>

**Cost:** no fees

**Target Audience:** General public

**Qualifying Factors and Services:** The website provides information on how parents, families, communities and schools can work together to make students more successful.

**Name of Program:** Ohio Legal Help [www.ohiolegalhelp.org](http://www.ohiolegalhelp.org)

**Cost:** No fees

**Target Audience:** All Ohioans

**Qualifying Factors and Services:** The website is for all Ohioans facing civil legal issues. Providing legal information, forms and referrals.